



CROSS TIMBERS

EAR, NOSE AND THROAT

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Medicines that affect allergy skin testing:

Do not take these medications 7 days or longer (as listed below), prior to your appointment:

This is not an all-inclusive list, review all the ingredients on the package or ask your doctor or pharmacist

Antihistamines - First Generation	
Generic Name	Brand Names
Azatadine	Optimine
Bromphenarimine	BroveX, Dimetane, Lodrane
Carbinoxamine Maleate	Histex Pd, Palgic and Peditax
Chlorpheniramine (6 days)	AHIST, Aller-Chlor, C.P.M, Chlo-Amine, Chlor-Allergy, Chlor-Mal, ChlorTrimeton, Chlorphen, Effidac-24, Histex, Ridraman
Clemastine (10 days)	Allerhist-1, Contact 12hr Allergy, Tavist-1
Cyproheptadine (11 days)	Periactin
Dexchlorpheniramine	Polaramine
Diphenhydramine	Actifed Sinus Day, Aler-Tab, Allergy, AllergySinus, Allermax, Aler-Dryl, Altaryl, Banophren, Benadryl, Calm-Aid, Children's Allergy, Compoz Nighttime, Diphedryl, Diphen-Allergy, Diphenhist, Dormin Sleep Aide, Dytan, Dytuss, Genahist, Hydramine, Ibuprofen PM, Nu-Med, Nytol, PediaCare Children's Allergy, Q-Dryl, Quenalin, Scot-Tussin Allergy, Siladryl, Silphen, Simply Allergy, Simply Sleep, Sleep-ettes, Sleep Formula, Sleepinal, Sominex, Tavist, Theraflu, Triaminic, Twilite, Tylenol PM, Unisom Sleep Gels, Valu-Dryl
Dimenhydrinate	Dramamine
Hydroxyzine (8 days)	Atarax, Rezone, Vistaril
Ketotifen	Zatiden
Meclizine HCl	Antivert, Bonine
Methdilazine	Tacaryl
Phenindamine	Nolahist
Promethazine	Chlorpromazine, Phenergan, Promethazine, Prorex 25 & 50, Thorazine
Pryilamine	Nisaval
Trimaparazine	Tremaril
Tripelennamine (7 days)	PBZ & PBZ-SR
Tripolidine	Myidyl, Zymine
Antihistamines - Second Generation	
Astemizole	Hismanal
Cetirizine	Zyrtec
Desloratidine	Clarinx
Fexofenadine	Allegra
Loratadine (9 days)	Alavert, Claritin
Levocetirizine dihydrochloride	Xyzal
Metquitazine	Primalan, Quintadrill
Mizolastine	Mizollen, Mistamine
Terfenadine	Seldane
Antihistamine Nose Sprays	
Azelastine	Astelin, Astepro, Patanase, Dymista,
Antihistamine Eye Drops (Ophthalmic)	
Azelastine	Optivar
Olopatadine	Patanase, Pataday and Patanol Ophthalmic eye drops
Other	
Theophylline	Theo-Dur, Respbid, Slo-Bid, Theo-24, Theolair, Uniphyll, Slo-Phyllin
Vitamins A,C,D and E	In doses >1000u
Ranitidine (1 day)	Zantac

Tricyclic Antidepressants (11 days) You must OK stopping these with the doctor who prescribed them	
Amitriptyline	Elavil, Endep, Etrafon, Limbitrol, Vanatrip
Amoxampine	Asendin
Clomipramine	Anaframil
Desipramine	Norpramin
Doxepin	Adapin, Sinequan (8 days), Zonalon (+topical) (14 days)
Imipramine (14 days)	Tofranil
Nortriptyline	Aventyl HCL, Pamelor
Protriptyline	Vivactil
Trimipramine	Surmontil
Amitriptyline	Elavil, Endep, Etrafon, Limbitrol, Vanatrip
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Clomipramine	Anaframil
Desipramine	Norpramin
Doxepin	Adapin, Sinequan (8 days), Zonalon (+topical) (14 days)
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Protriptyline	Vivactil
Trimipramine	Surmontil

Benzodiazepines (7days)		Atypical Antidepressants/Sedatives (5 days)	
Clonazepam	Klonopin	Bupropion	Wellbutrin
Diazepam	Valium	Eszopiclone	Lunesta
Lorazepam	Ativan	Mirtazapine (7 days)	Remeron
Midazolam	Versed	Quetiapine (7 days)	Seroquel
		Trazodone	Oleptro
		Zolpidem	Ambien

You must have approval to stop taking any Betablocker medication from the doctor that prescribed it. That doctor may want to prescribe a replacement medication for you to take for the 5 days before your testing

This list is not all inclusive. Check with your doctor or pharmacist if your medication contains a betablocker

Beta Adrenergic Blocking Agents – Betablockers (5 days) Anaphylaxis may be more difficult to treat	
Acebutolol -(B1 selective)	Sectral Capsules
Atenolol -(B1 selective)	Tenoretic 50 & 100, Tenormin
Betaxolol - (B1 selective)	Betoptic & S (Ophthalmic / eye drops), Kerlone
Bisoprolol -(B1 selective)	Zebeta, Ziac,
Carteolol (NS)	Cartrol Filmtab Tabs, Ocupress (Ophthalmic / eye drops)
Carvedilol (NS)	Coreg
Esmolol HCL (NS)	Brevibloc Injection
Labetalol (NS)	Normodyne, Trandate
Levobunolol	AK-Beta, Betagan Liquifilm(Ophthalmic / eye drops)
Levobetaxolol	Betaxon
Metipranolol	OptiPranolol (Ophthalmic / eye drops)
Metoprolol -(B1 selective)	Lopressor + Lopressor HCT, Toprol-XL
Nadolol (NS)	Corgard, Corzide, Nadolol Tabs
Penbutolol (NS)	Levatol
Pindolol (NS)	Visken
Propranolol (NS)	Inderal, Inderide
Sotalol - (B1 selective)	Betapace, Sorine
Timolol + Timolol Maleate (NS)	Betimol, Blocarden, Ocumeter, Timolide tabs, Cosopt, Occudose, Timoptic, XE, (Ophthal / eye drops)

Herbal Supplements: Do not take 7 days before allergy testing:

Decrease test results	Decrease test results	Increase test results
Licorice	St. John's Wort	Milk Thistle
Green Tea	Feverfew	Astragalus
Saw Palmetto		

Medicines you CAN take before allergy testing:

Nasal sprays			
Afrin	Mometasone	Oxymetazoline	
Beclamethasone	Nasacort	Rhinocort	
Beconase	Nasalcrom	QNasal	
Budesonide	Nasaryl	Trimacinalone	
Flonase	Nasonex	Veramyst	
Flunisolide	Neosynephrine		
Eye drops			
Acular			
Alamast			
Alocril			
Alomide			
Proton Pump Inhibitors (PPI)			
Dexlansoprazole	Kapidex		
Esomeprazole	Nexium		
Lansoprazole	Prevacid		
Omeprazole	Prilosec, Zegerid		
Pantoprazole	Protonix		
Rabeprazole	Aciphex		
Serotonin Norepinephrine Reuptake Inhibitors (SNRI)		Selective Serotonin Reuptake Inhibitors (SSRI)	
Duloxetine		Citalopram	Celexa
Desvenlafaxine		Escitalopram	Lexapro
Milnacipran	Ixen, Savella	Fluoxetine	Prozac
Venlafaxine		Olanzapine + Fluoxetine	Symbyax
		Paroxetine	Paxil
		Sertraline	Zoloft
Other			
Antibiotics			
Guaifenesin / Mucinex			
Phenylephrine			
Pseudoephedrine / Sudafed			
Singulair			