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Medications that affect allergy skin testing

No steroids for 30 days

Do not take these medications **7 days or longer** (as listed below), prior to your appointment

*This is NOT an all-inclusive list, **review all the ingredients on the package**, or ask your doctor or pharmacist*

Antihistamines - First Generation	
Generic Names	Brand Names
Azatadine	Optimine
Brompheniramine	BroveX, Dimetane, Lodrane
Carbinoxamine Maleate	Histex Pd, Palgic, Pediatex
Chlorpheniramine (6 days)	AHIST, Aller-Chlor, C.P.M, Chlo-Amine, Chlor-Allergy, Chlor-Mal, Chlortrimeton, Chlorphen, Effidac-24, Histex
Clemastine (10 days)	Allerhist-1, Contact 12 Allergy, Tavist-1
Cyproheptadine (11 days)	Periactin
Dexchlorpheniramine	Polaramine
Diphenhydramine	Actifed Sinus Day, Aler-Tab, Allergy, Allergy Sinus, allermax, Aler-Dryl, altaryl, Banophen, Benadryl, Calm-Aid, Children's Allergy, Compoz Nighttime, Diphedryl, Diphen-Allergy, Diphenhist, Dormin Sleep Aide, Dytan, Dytuss, Genahist, Hydramine, Ibuprofen PM
Dimenhydrinate	Dramamine
Hydroxyzine	Atarax, Rezine, Vistaril
Ketotifen	Zaditen
Meclizine HCL	Antivert, Bonine
Methdilazine	Tacaryl
Phenindamine	Nolahist
Promethazine	Chlorpromazine, Phenergan, Promethazine, Prorex 25&50, Thorazine
Pyrilamine	Nisaval
Trimipramine	Temaril
Tripelennamine (7 days)	PBZ & PBZ-SR
Tripolidine	Myidyl, Zymine
Antihistamines - Second Generation	
Astemizole	Hismanal
Cetirizine	Zyrtec
Desloratadine	Clarinex
Fexofenadine	Allegra
Loratadine (9 days)	Alavert, Claritin
Levocetirizine dihydrochloride	Xyzal
Mequitazine	Primalan
Mizolastine	Mizollen, Mistamine
Terfenadine	Seldane
Antihistamine Nose Sprays	
Azelastine	Astelin, Astepro, Patanase, Dymista

Antihistamine Eye Drops (Ophthalmic)			
Azelastine		Optivar	
Olopatadine		Patanase, Pataday and Patanol Ophthalmic Eye drops	
Other			
Theophylline		Theo-Dur, Respbid, Slo-Bid, Theo-24, Theolair, Uniphyll, Slo-Phyllin	
All Vitamins (7 days)			
Famotidine		Pepcid	
Sleep Aids		Melatonin	
Tricyclic Antidepressants (11 days) You must have approval from prescribing doctor before stopping these			
Amitriptyline		Elavil, Endep, Etrafon, Limbitrol, Vanatrip	
Amoxapine		Asendin	
Clomipramine		Anafranil	
Desipramine		Norpramin	
Doxepin		Adapin, Sinequan (8 days), Zonalon (+ topical 14 days)	
Imipramine (14 days)		Tofranil	
Nortriptyline		Aventyl HCL, Pamelor	
Protriptyline		Vivactil	
Trimipramine		Surmontil	
Benzodiazepines (7 days)		Atypical Antidepressants/ Sedatives (5 days)	
Clonazepam	Klonopin	Bupropion	Wellbutrin
Diazepam	Valium	Eszopiclone	Lunesta
Lorazepam	Ativan	Mirtazapine (7 days)	Remeron
Midazolam	Versed	Quetiapine (7 days)	Seroquel
Xanax	Xanax XR	Trazodone	Oleptro
Alprazolam		Zolpidem	Ambien

You must have approval to stop taking any betablocker medication from the doctor that prescribed it. That doctor may want to prescribe a replacement medication for you to take for 5 days before your testing. If you are taking a betablocker at the time of testing, anaphylaxis (in the rare event that it occurs) may be difficult to treat

This list is NOT all inclusive. Check with your doctor or pharmacist if your medication contains a beta blocker.

Beta Adrenergic Blocking Agents – Betablockers (5 days)	
Acebutolol- (B1 selective)	Sectral Capsules
Atenolol – (B1 selective)	Tenoretic 50 & 100, Tenormin
Betaxolol – (B1 selective)	Betoptic & S (Ophthalmic), Kerlone
Bisoprolol – (B1 selective)	Zebeta, Ziac
Carteolol (NS)	Cartrol Filmtab tabs, Ocupress (Ophthalmic)
Carvedilol (NS)	Coreg
Esmolol HCL (NS)	Brevibloc Injection
Labetalol (NS)	Normodyne, Trandate
Levobunolol	AK-Beta, Betagan Liquifilm (Ophthalmic)
Levobetaxolol	Betaxon
Metipranolol	OptiPranolol (Ophthalmic)
Nadolol	Corgard, Corzide, Nadolol Tabs
Penbutolol (NS)	Levatol
Pindolol (NS)	Visken
Propranolol (NS)	Inderal, Inderide
Metoprolol – B1 (selective)	Lopressor + Lopressor HCT, Toprol-XL
Sotalol – (B1 selective)	Betapace, Sorine
Timolol + Timolol Maleate (NS)	Betimol, Blocarden, Ocumeter, Timolide tabs, Cosopt, Occudose, Timoptic, XE (Ophthalmic)

Herbal Supplements - Avoid for 7 days. These can either decrease size or falsely increase the size of positive reactions

Decreases Results	Increases Results
Licorice	Milk Thistle
Green Tea	Astragalus
St. John's Wort	Ginger
Saw Palmetto	
Fever Few	

Medications you **CAN** continue to take prior to allergy testing

Nasal Sprays	Eye Drops	
Afrin	Accular	
Beclomethasone	Alamast	
Beconase	Alocril	
Budesonide	Alomide	
Flonase	Proton Pump Inhibitors	
Flunisolide	Dexlansoprazole	Kapidex
Mometasone	Esomeprazole	Nexium
Nasacort	Lansoprazole	Prevacid
Nasal crom	Omeprazole	Prilosec
Nasarel	Pantoprazole	Protonix
Nasonex	Rabeprazole	Aciphex
Neo synephrine	Serotonin Norepinephrine Reuptake Inhibitors (SNRI)	
Oxymetazoline	Duloxetine	
Rhinocort	Desvenlafaxine	
QNASL	Milnacipran	Ixen, Savella
Triamcinolone	Venlafaxine	
Veramyst	Selective Serotonin Reuptake Inhibitors (SSRI)	
Other	Citalopram	Celexa
Antibiotics	Escitalopram	Lexapro
Guaifenesin	Mucinex	Fluoxetine
Phenylephrine	Olanzapine + Fluoxetine	Symbax
Pseudoephedrine	Sudafed	Paroxetine
Singulair	Sertraline	Zoloft